



PERSONAL & FAMILY PREPAREDNESS: BEFORE A DISASTER



MAKE A PLAN TO ESCAPE AND REUNITE

Plan Escape Routes Out of Your Home:

- ❖ Know how to get out of every room
- ❖ Consider the needs of children, people with special circumstances and pets
- ❖ Practice often with your family

Plan for where to Reunite:

- ❖ Designate two places to meet in case your home is unsafe:
- ❖ One close to home if only your house is affected (house fire, landslide, fallen tree)
- ❖ One outside your neighborhood if it's unsafe to return to your home (evacuation)

MAKE A PLAN FOR COMMUNICATIONS

Use these numbers from a cell phone

EMERGENCY

- Oakland Fire (510) 444 - 1616
- Oakland Police (510) 777 - 3211

NON-EMERGENCY

- Oakland Fire (510) 444 - 3322
- Oakland Police (510) 777 - 3333

Keep a list of contacts in case your phone is lost

- Family
- School
- Work
- Caregivers
- Day care provider
- Utilities
- Insurance companies
- Medical providers
- Veterinarian

Have an out-of-area contact to relay messages

- Someone at least 200 miles away
- All family members should know this person's number: keep it in your wallet/purse
- Make short calls or send texts to give status & leave messages

Create a family group on WhatsApp, Viber, Telegram, etc, with the people you would need to communicate with if there was an emergency

Install the app on all phones. Everyone will get the same messages. Report your status and where you will go.

Have an emergency charging option for your phone

- Prior to severe weather, charge all of your electronic devices
- Keep a portable phone charger and charging cable in your car
- Have a back-up power supply/power pack to recharge your phone

MAKE A PLAN FOR EVACUATION

- ❖ Map out potential evacuation routes.
- ❖ List important items you would take with you.
- ❖ Refer to OCP&R Guide #05 – Evacuation Planning

JOIN YOUR NEIGHBORHOOD GROUP

Know your neighbors. Work together to reduce hazards in your area. See OCP&R Guide #01.

MINIMIZE HAZARDS AROUND YOUR HOME

- ❑ **Secure the water heater, major appliances and tall furniture** to keep them from toppling. Use approved straps and connectors to attach them to wall studs.
- ❑ **Store hazardous/flammable liquids** in secure cabinets, separating bleach and ammonia products to prevent mixing when spilled.
- ❑ **Store heavy objects** on low shelves and never hang heavy pictures over beds.
- ❑ **Know how to shut off utilities.** Identify the location of the gas meter and water shut-off valves and main electrical breaker. Keep a gas shut-off wrench near the external gas meter. Consider installing a seismic gas shut-off valve that automatically "trips" during an quake.

STORE EMERGENCY SUPPLIES



Be prepared to fend for yourself for at least 7 days after an earthquake or power outage. Store enough water, food and first aid supplies for you, your family and pets. You need one gallon of water per person per day.



Keep a Go-Bag of emergency supplies in an easily accessible place. Have a Go-Bag in your vehicles and at work.



Plan for your pets. Include supplies to take care of your pet(s) for at least 5 days, including food, bowls, litter boxes, can opener, etc, and ensure that your pet(s) are properly identified. Crate them if you must evacuate.



Keep a small amount of cash at home in small bills. ATMs and credit cards may not work during a disaster when you need to purchase needed supplies, food, or fuel.

ASSEMBLE IMPORTANT RECORDS

❑ **Copy or scan important documents**

Digital copies are easiest to access after a disaster

❑ **Store records in 2 locations such as:**

- the Cloud
- a USB drive
- with your out-of-state contact

Include the following:

- ❑ contact info in case your phone is lost
- ❑ birth/marriage certificates
- ❑ doctors and medications
- ❑ insurance policies
- ❑ passport
- ❑ financial records and tax returns
- ❑ driver's license
- ❑ recent photos of yourself, your family and pets
- ❑ will

❑ **Inventory your house contents**

Take photos or videos to document everything inside and outside the home, including vehicles

TRAIN TO HELP YOU BE READY

- ❖ Be trained to help yourself and others. Professional first responders will be busy. Be ready to work with your neighbors.
- ❖ Complete CORE or CERT classes and learn first aid and CPR.

OCP&R is a program of the Oakland Firesafe Council.

Contact OCP&R for more information and assistance with personal and family preparedness.

Thanking the Oakland Police and Fire Departments for their contribution to this content. Version 1.1 7/13/20

OAKLAND COMMUNITY PREPAREDNESS & RESPONSE

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